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Connecting Matters...

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- Anger & Aggression In Young > Methamphetamines and the Effects on Children

 - > Only1U: SuicidalYouth
- Homelessness in Afterschool > *Shaking Hurts: Abusive Head Trauma
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Have Questions? Contact Karen Darby darby.karen@swcdcinc.org 704-641-7550





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Creating A Trauma Informed Care Organization...

Click the Image below for more information.





Mindful Books to Read This Winter...

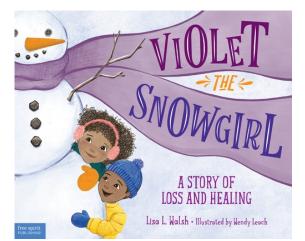
Click the link below to discover the complete list.

Mindful Books



Bounce Back Project... Promoting Health Through Happiness

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Rapid Reset!

Click the link below to watch the video...

Sipping Water for Self-Care During the School Day

SWCDC Child Care Resource and Referral

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Questions? Contact us today 828-586-5561 or info@swcdcinc.org